

Wolf Rinke Associates, Inc.

Nutrition and Clinical Programs approved by CDR

Programs in **yellow boxes** are accepted by CBDCE for Certified Diabetes Care and Education Specialist (CDCES)

Go to www.easyCPEcredits.com for complete descriptions of programs and suggested Performance Indicators (PIs)

NEW

T357* **17 CPEUs** **\$152.95**
Intermittent Fasting: Evidence-Based Approaches to Optimized Health and Disease Resistance R Iafelice, MS, RD, LDN
 (Manual, 111 pgs) Everything you need to know to provide expert advice to clients who wish to try intermittent fasting.
Share with a friend and Save! Additional Reporting Form \$50.00

NEW EDITION

T355* **9 CPEUs** **\$89.95**
Osteoporosis Prevention and Treatment, 4th Ed
 K. M. Chapman-Novakofski, PhD, RD, LD
 (Manual, 76 pgs) Completely revised & updated nutrition counseling strategies.
Share with a friend and Save! Additional Reporting Form \$40.00

NEW

T354 **35 CPEUs** **\$249.95**
Handbook of Nutraceuticals and Functional Foods, 3rd Ed
 R E C Wildman, PhD and R S Bruno, PhD
 (Book, 336 pgs & Study Guide) Provides an authoritative summary of the prophylactic and/or medicinal benefits of natural foods and their constituents that are linked to favorable health outcomes.
Share with a friend and Save! Additional Reporting Form \$60.00

NEW

T353* **20 CPEUs** **\$149.95**
Facilitating Behavior Change with Evidence-Based Nutrition Education Strategies A Sarcona, EdD, RDN, CSSD
 (Manual, 172 pgs) Ideal for diabetes educators and a must for anyone who works with the public.
Share with a friend and Save! Additional Reporting Form \$60.00

NEW EDITION

T352* **15 CPEUs** **\$134.95**
Nutrition for Pregnancy and Lactation, 6th Ed C Bareuther, RD
 (Manual, 176 pgs) Formulate safe and effective nutrition intervention for weight reduction postpartum, for lactating and non-lactating women.
Share with a friend and Save! Additional Reporting Form \$50.00

NEW

T347 **24 CPEUs** **\$199.95**
Six Factors to Fit: Weight Loss that Works for You!
 R F Kushner, MD and N Kushner, MSN, RN with D Jackson Blatner, RDN
 (Book, 313 pgs & Study Guide) Tailor the latest breakthroughs in behavior change to your client's personal factors to support their success in losing weight and keeping it off.
Share with a friend and Save! Additional Reporting Form \$60.00

NEW

T346 **24 CPEUs** **\$199.95**
Nancy Clark's Sports Nutrition Guidebook, 6th Ed
 N Clark, MS, RD
 (Book, 525 pgs & Study Guide) The latest research to design meal patterns that fit your client's training schedule; sustainability; and digestive issues.
Share with a friend and Save! Additional Reporting Form \$60.00

NEW EDITION

T345* **3 CPEUs** **\$34.95**
Combating Medical Errors: The Role of the Dietetics Practitioner, 2nd Ed R Close Medlej, MS, RD, CNSC, LDN
 (Manual, 29 pgs) Meets the mandatory ethics requirement for CDR recertification and the Florida Licensure requirements.
Share with a friend and Save! Additional Reporting Form \$40.00

NEW

T344 **26 CPEUs** **\$219.95**
Successful Aging: A Neuroscientist Explores the Power and Potential of Our Lives D J Levitin, PhD
 (Book, 498 pgs & Study Guide) Using research from developmental neuroscience and psychology of individual differences, this program reveals resilience strategies and practical, cognitive enhancing practices that can be applied to increase ones' life-span and health-span.
Share with a friend and Save! Additional Reporting Form \$60.00

NEW

T342 **20 CPEUs** **\$169.95**
Sick Enough: A Guide to the Medical Complications of Eating Disorders J L Gaudiani, MD, CEDS, FAED
 (Book, 258 pgs & Study Guide) Improve medical diagnosis and treatment, motivate recovery, and validate the experiences of individuals of all body shapes and sizes, while firmly rejecting a dieting culture.
Share with a friend and Save! Additional Reporting Form \$60.00

C340* **10 CPEUs** **\$89.95**
Type 2 Diabetes and Obesity, 4th Ed K Chapman-Novakofski, RD, PhD
 (Manual, 94 pgs) Completely updated evidence-based strategies to prevent or treat type 2 diabetes and obesity.
Share with a friend and Save! Additional Reporting Form \$40.00

C338 **18 CPEUs** **\$159.95**
Gluten Free, 3rd Ed S Case, RD
 (Book, 348 pgs & Study Guide) Comprehensive and practical CPE program provides accurate, evidence-based information for you to share with clients/patients to help them adhere to a gluten-free diet.
Share with a friend and Save! Additional Reporting Form \$60.00

C337 **28 CPEUs** **\$239.95**
Eat to Beat Disease: The New Science of How Your Body Can Heal Itself WW Li, MD
 (Book, 468 pgs & Study Guide) New York Times bestseller explains the science of healing and prevention, strategies for using food to actively boost health, and points the study of well-being and disease recovery in an exhilarating new direction.
Share with a friend and Save! Additional Reporting Form \$60.00

"Thank you for your prompt response to my request. Dealing with your company has been a pleasure, you exceeded my expectations at every turn."
Dave Cunningham, RD

*Available in hard copy **or** electronic (pdf).

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C336* **12 CPEUs** **\$104.95**
Clinical Strategies to Combat Food Allergies and Intolerances R Lafelice, MS, RD, LDN
 (Manual, 106 pgs) Approximately 10% of U.S. adults have a food allergy, and nearly twice as many adults believe they have a food allergy. Of children, 8% have a food allergy, and 40% have multiple food allergies. Plus, food intolerance affects 15% to 20% of the population. This comprehensive CPE program will enable you to get up-to-date on this widespread and growing public health problem.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

C335* **11 CPEUs** **\$99.95**
Guide to Surgical Nutrition A Coltman, MS, RDN, LDN, CNSC, FAND
 (Manual, 86 pgs.) Surgical patients represent a unique population requiring specialized nutrition assessment and intervention. Understanding the pathophysiology and basic surgical anatomy of various procedures is essential to determining and implementing appropriate MNT, which impact patient outcomes, including morbidity and mortality.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

*"I am never disappointed in the Wolf Rinke CEU curricula. It is easy reading and very organized. Always a pleasure."
 Marne Stollenwerk, RD*

C334 **12 CPEUs** **\$99.95**
Diet for the Mind: The Latest Science on What to Eat to Prevent Alzheimer's and Cognitive Decline MC Morris, ScD
 (Book, 274 pgs & Study Guide) Creator of the MIND diet provides a science-based guide to eating for a healthy brain, optimal cognitive function, and a reduced risk of Alzheimer's disease.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

C333* **11 CPEUs** **\$99.95**
Anti-Glycation and "Age"-Reducing Therapies for Enhanced Nutrition Care S Wagner, MS, RDN
 (Manual, 99 pgs) Get up-to-date evidence-based information, and discover why glycation prevention may be more influential than standard blood glucose management, and why dietary advanced glycation end products (AGEs) is one of the most underutilized strategies in the fight against chronic disease.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

C332 **16 CPEUs** **\$169.95**
Pocket Guide to Parenteral Nutrition, 2nd Ed P Charney, PhD, RD,
 (Pocket Guide, 203 pgs & Study Guide) An evidence-based CPE program for determining the need for parenteral nutrition (PN), ordering nutrient solutions, monitoring patient response to therapy, and coordinating care with patients, caregivers, and others on the healthcare team.
Share with a friend and **Save!** Additional Reporting Form **\$60.00**

C331 **14 CPEUs** **\$144.95**
Meeting the American Diabetes Association Standards of Care: An Algorithmic Approach to Clinical Care of the Diabetic Patient, 2nd Ed MB Davidson, MD and SH Hsia, MD
 (Book, 165 pgs & Study Guide) Delineates treatment algorithms that have shown to be clinically effective in improving outcomes in people with diabetes.
Share with a friend and **Save!** Additional Reporting Form **\$50.00**

FREE Ethics eProgram with any on-line purchase!
C321 Electronic (pdf) Only **2 CPEUs** **\$0.00**
An Introduction to the Code of Ethics for the Profession of Dietetics
Must be ordered online at www.easyCPEcredits.com

C329 **28 CPEUs** **REDUCED \$40.00** ~~\$239.95~~ **\$199.95**
Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities, 3rd Ed
 C Steele, MS, RD & E Collins, MHA, RD
 (Book, 266 pgs & Study Guide) Comprehensive information on human milk and formula storage, handling, and preparation techniques based on the latest scientific research, public policy, and expert consensus.
Share with a friend and **Save!** Additional Reporting Form **\$60.00**

C326 **18 CPEUs** **\$154.95**
Making Nutrition Your Business, 2nd Ed A Silver, MS, RDN, CDE, CDN & L Stollman, MA, RDN, CDE, CDN
 (Book, 267 pgs & Study Guide) A complete roadmap to starting and maintaining a profitable nutrition-based business.
Share with a friend and **Save!** Additional Reporting Form **\$60.00**

C325* **14 CPEUs** **\$114.95**
Yoga and Meditation: Tools for Weight Management, 3rd Ed
 A Kay, MS, RDN, LDN, RYT
 (Manual, 130 pgs) Science-driven approach to weight management with complementary therapies of yoga & meditation.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

C324* **20 CPEUs** **\$184.95**
Medical Nutrition Therapy for Diabetes Mellitus, 8th Ed
 MJ Franz, MS, RD, LD, CDE and J MacLeod, MA, RDN, LDN, CDE
 (Manual, 157 pgs.) Comprehensive manual written by the most renowned diabetes educators. Help impact medical and clinical outcomes and help patients achieve dramatic improvements in the quality of life.
Share with a friend and **Save!** Additional Reporting Form **\$60.00**

C323* **14 CPEUs** **\$114.95**
Glycemic Index: Approaches for Weight, Diabetic, and Heart Healthy Management, 2nd Ed J Clark-Warner, MS, RD, CDE
 (Manual, 111 pgs) Reviews GI concepts and explores approaches for weight, diabetic, and heart healthy management.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

C322* **18 CPEUs** **\$154.95**
Geriatric Nutrition: Guidelines for Working with Older Adults, 5th Ed K Chapman-Novakofski, RDN, LD, PhD
 (Manual, 127 pgs) Everything you need to know from nutrient requirements with changes in age to the prevention and treatment of chronic diseases. Great resource to help you pass your Board Certification as a Specialist in Gerontological Nutrition (CSG).
Share with a friend and **Save!** Additional Reporting Form **\$60.00**

C320 **15 CPEUs** **\$134.95**
Unsafe at Any Meal: What the FDA Does Not Want You to Know About the Foods You Eat RJ Dufault
 (Book, 218 pgs & Study Guide) Americans consume numerous foods that contain dangerous compounds, including heavy metals, pesticides, and other harmful additives. Discover how you can protect patients/clients by reducing exposure to potentially toxic substances.
Share with a friend and **Save!** Additional Reporting Form **\$40.00**

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C319*	12 CPEUs	\$99.95
<i>Nutritional Support in the Care of the Critically Ill Adult, 2nd Ed</i>		
KM Mogensen, MS, RD, LDN, CNSC and MK Robinson, MD, CNSP		
(Manual, 105 pgs) Valuable information and tools to assist you in providing appropriate nutritional support for critically ill patients.		
Share with a friend and Save! Additional Reporting Form		\$40.00

C318*	18 CPEUs	\$139.95
<i>Nutrition and Growth During the Adolescent Years</i>		
A Thompson, MSH, RDN, CSP, LDN		
(Manual, 140 pgs) Practical strategies to help adolescents fuel their body. Topics include sexual maturation, assessing the teen, fueling for sport, eating disorders, and risky behaviors.		
Share with a friend and Save! Additional Reporting Form		\$60.00

“Your company is very professional—from the people who answer your phone to how quickly the materials arrived.”

Mary Sorrentino, RD

C317	24 CPEUs	\$184.95
<i>Why You Eat What You Eat: The Science Behind Our Relationship With Food</i> R Herz		
(Book, 352 pgs & Study Guide) Reveal how psychology, neurology, and physiology shape peoples' relationship with food, and how food alters the relationship with ourselves and each other.		
Share with a friend and Save! Additional Reporting Form		\$40.00

C316*	6 CPEUs	\$59.95
<i>Ketogenic Diet Therapy for Epilepsy and Other Neurologic and Metabolic Based Conditions</i> B Zupec-Kania, RDN, CD		
(Manual, 48 pgs) Will enable you to apply ketogenic diet therapies (KDTs) for patients with medication-resistant epilepsy and other neurologic and metabolic based conditions.		
Share with a friend and Save! Additional Reporting Form		\$40.00

C315*	10 CPEUs	\$104.95
<i>Nutrition Focused Physical Exam</i> A Coltman, MS, RDN, LDN, CNSC		
(Manual, 83 pgs) Details the Nutrition Focused Physical Exam including assessment of somatic muscle, fat stores, fluid status, micronutrient deficiencies, and functional status. Also explains the Academy's malnutrition guidelines, and identifies the etiology and severity of malnutrition.		
Share with a friend and Save! Additional Reporting Form		\$40.00

C313	29 CPEUs	\$229.95
<i>Medical Management of Type 1 Diabetes, 7th Ed</i>		
CC Low Wang, MD, FACP and AC Shah, MD		
(Book, 328 pgs & Study Guide) Create individualized, flexible treatment plans to optimize blood glucose control while accounting for diabetes complications, psychosocial factors, and the developmental state of each patient. Presents the latest guidelines and practical strategies to improve patient outcomes.		
Share with a friend and Save! Additional Reporting Form		\$60.00

C312	45 CPEUs	\$299.95
<i>Academy of Nutrition and Dietetics Complete Food & Nutrition Guide, 5th Ed</i> R Larson Duyff, MS, RDN, FAND		
(Book, 802 pgs & Study Guide) The “most trusted nutrition bible” effectively balances a practical focus with the latest scientific information. According to Lucille Beseler, 2016-17 president of the Academy of Nutrition and Dietetics “This book serves as an indispensable nutrition and healthy eating guide for the public, as well as an important reference for registered dietitians nutritionists and other health care professionals.”		
Share with a friend and Save! Additional Reporting Form		\$75.00

C311*	12 CPEUs	\$109.95
<i>Nutrition for Infants & Young Children, 5th Ed</i> C Bareuther, RD		
(Manual, 129 pgs) Evaluate their growth and development; calculate their nutrient requirements; plan, recommend and implement feeding programs and assess nutritional status of infants and young children.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C310	45 CPEUs	\$349.95
<i>Integrating Nutrition Into Practice</i>		
MJ Marian, DCN, RD & GE Mullin, MD		
(Book, 484 pgs & Study Guide) Integrative medicine approach for nutrition screening and assessment; functional foods, and nutritional supplements, and food allergies.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C309	16 CPEUs	\$104.95
<i>Skinny Liver</i> K Kirkpatrick, RD and I Hanouneh, MD		
(Book, 293 pgs & Study Guide) Proven program to prevent and reverse the new silent epidemic—nonalcoholic fatty liver disease (NAFLD).		
Share with a friend and Save! Additional Reporting Form		\$50.00

C308	45 CPEUs	\$349.95 \$279.95
<i>Nutrition in Public Health, 4th Ed</i> S Edelman, PhD, RD		
(Book, 487 pgs & Study Guide) Examine policies, assessment and intervention methods, special populations, food security, and program management.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C307*	8 CPEUs	\$89.95
<i>Irritable Bowel Syndrome: Fodmaps, Fat, Fiber and Flora, 2nd Ed</i> K Scarlata, RD		
(Manual, 75 pgs) Help clients manage IBS symptoms.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C306	17 CPEUs	\$134.95
<i>Eating Disorders, 2nd Ed</i> J Setnick, RD		
(AND Pocket Guide, 222 pgs & Study Guide) Organized IAW the NCP. Provide improved care for individuals experiencing dysfunctional eating behaviors.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C305*	5 CPEUs	\$49.95
<i>Nutritional Care of Patients with HIV/AIDS</i> R Close, RD		
(Manual, 42 pgs) Appropriately and effectively implement NCP.		
Share with a friend and Save! Additional Reporting Form		\$30.00

Order on-line 24/7 and SAVE at
www.easyCPEcredits.com

or mail or fax the order form to 410-531-9282

or call 1-800-828-9653 or 1-410-531-9280 Mon-Thurs 10 am to 4 pm ET

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C304*	8 CPEUs	\$89.95
Medical Nutrition Therapy for Gestational Diabetes Mellitus, 2nd Ed DM Reader, RD, CDE and MJ Franz, RD, CDE		
(Manual, 72 pgs) Improve maternal and fetal outcomes for clients with gestational complications.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C296	16 CPEUs	\$139.95
Mindfulness-Based Eating Solution L Rossy, PhD		
(Book, 161 pgs & Study Guide) Teach clients the <i>BASICS</i> of mindful eating; change the focus from weight loss to healthy behaviors; identify cognitive distortions & craft helpful responses.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C303	24 CPEUs	\$184.95
Food Fight: GMOs and the Future of the American Diet M Jenkins		
(Book, 322 pgs & Study Guide) A balanced examination and much-needed guide to help clients make informed choices about what to eat.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C295	20 CPEUs	REDUCED \$20.00 \$139.95 \$119.95
The PCOS Diet Plan: A Natural Approach to Health for Women with Polycystic Ovary Syndrome, 2nd Ed H Wright, RD		
(Book, 280 pgs & Study Guide) A wealth of practical information.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C301	11 CPEUs	REDUCED \$10.00 \$104.95 \$94.95
Diabetes Risks from Prescription and Nonprescription Drugs Mechanisms and Approaches to Risk Reduction S Dagogo-Jack, MD		
(Book, 133 pgs & Study Guide) Discusses the impact of major drugs on glycemic control and on the risk of drug-induced diabetes.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C294*	14 CPEUs	\$124.95
Nutrition and Cardiovascular Disease, 3rd Ed KM Chapman-Novakofski, PhD, RD and SM Gould, PhD, RD		
(Manual, 135 pgs) Apply preventative and medical nutrition therapy for cardiovascular diseases.		
Share with a friend and Save! Additional Reporting Form		\$30.00

“...a delightful way to get continuing education credits...!”
Nancy L. Nelson, RD, MPH
 “Easy. Helpful staff. Quick response. Good program content.”
Norma Martin, RD

C293	10 CPEUs	\$94.95
Lipid Disorders, Hypertension, Diabetes, and Weight Management, 2nd Ed MJ Franz, RD, CDE, et al		
(AND Pocket Guide, 161 pgs, & Study Guide) Integrate evidence-based nutrition practice guidelines into individualized nutrition care.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C300	14 CPEUs	\$134.95
Intensive Diabetes Management, 6th Ed H Wolpert, MD		
(Book, 161 pgs & Study Guide) Highly effective team approach to improve glycemic control and overall health.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C292	20 CPEUs	159.95
Diabetes Management in Long-Term Settings: A Clinician's Guide to Optimal Care for the Elderly LB Haas, PhC, CDE and S Drozd Burke, PhD		
(Book, 265 pgs & Study Guide) Latest evidence and guidelines for geriatric diabetes.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C299	35 CPEUs	239.95
Managing Diabetes and Hyperglycemia in the Hospital Setting, A Clinician's Guide B Draznin, MD		
(Book, 406 pgs & Study Guide) Strategies for best practices in inpatient diabetes management.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C290	12 CPEUs	\$99.95
Approaches to Behavior: Changing the Dynamic Between Patients & Professionals in Diabetes Care & Education J Roszler, RD, CDE & WS Rapaport, PsyD		
(Book, 165 pgs & Study Guide) Nurture interactions with patients to achieve individual treatment goals.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C298	20 CPEUs	\$159.95
Neonatal Nutrition, 2nd Ed S Groh-Wargo, PhD, RD, et al		
(AND Pocket Guide, 263 pgs & Study guide) Practical info on nutrition assessment; parenteral and enteral nutrition; medical/surgical conditions; discharge & follow-up; and conversion tables.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C289	20 CPEUs	\$149.95
Bariatric Surgery S Cummings, RD and KA Isom, RD		
(AND Pocket Guide, 275 pgs & Study Guide) Incorporates NCP before and after surgery, during weight stabilization, and in follow-up care.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C297	14 CPEUs	\$129.95
Inspiring Behavior Change: A Food, Nutrition & Health Professional Counseling Guide, 2nd Ed A Constance, RD		
(Book, 220 pgs & Study guide) Implement stages of change & motivational interviewing, tele-counseling & technology to provide support.		
Share with a friend and Save! Additional Reporting Form		\$30.00

C287	20 CPEUs	\$149.95
Pocket Guide to Nutrition Assessment, 3rd Ed P Charney, PhD, RD & A Malone, MS, RD, LD, CNSC, FAND		
(AND Pocket Guide, 273 pgs & Study Guide) Nutrition screening, evidence-based guidance on estimating energy and nutrient requirements, plus current recommendations, and equations for all five categories of nutrition assessment data.		
Share with a friend and Save! Additional Reporting Form		\$50.00

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C286	16 CPEUs	\$139.95
Helping Your Child with Extreme Picky Eating		
K Rowell, MD and J McGlothlin, MS, SLP		
(Book, 220 pgs, & Study Guide) Strategies for dealing with low appetite, sensory- and autism spectrum-related feeding challenges, oral motor delays, anxiety, and more.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C272	20 CPEUs	\$149.95
The Blue Zones Solution: Eating and Living Like the World's Healthiest People D Buettner		
(Book, 319 pgs & study guide) Transform client's health using smart eating and lifestyle habits based on research of the world's longest-lived, and healthiest people.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C285	18 CPEUs	\$144.95
Eat Like a Champion: Performance Nutrition for Your Young Athlete J Castle, MS, RDN, CDN		
(Book, 246 pgs & Study Guide) Help young athletes (8-18) gain strength & muscle, overcome fatigue, & improve their performance.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C270	26 CPEUs REDUCED \$20.00	\$174.95 \$154.95
The Ultimate Guide to Sugars & Sweeteners: Discover the Taste, Use, Nutrition, Science, and Lore of Everything from Agave Nectar to Xylitol		
A Barclay, PhD, P Sandall, and C Shwide-Slavin, MS, RD, CDE		
(Book, 279 pgs & study guide) More than 180 entries, including the familiar, the controversial, and the unfamiliar sweeteners.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C284	16 CPEUs	\$139.95
Pocket Guide to the Nutrition Care Process and Cancer		
B Grant, MS, RDN, CSO, LD		
(AND Pocket Guide, 170 pgs & Study Guide) Easy-to-use reference based on the Academy's Oncology Nutrition Evidence-Based Nutrition Practice Guidelines and other health organizations.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C267	14 CPEUs REDUCED \$20.00	\$129.95 \$109.95
Chronic Kidney Disease and the Nutrition Care Process Pocket Guide MP McCarthy, MPH, RD, CSR, LD; et. al.		
(Pocket guide, 149 pgs & study guide) Evidence-based recommendations from the most authoritative sources on MNT for CKD.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C281	25 CPEUs REDUCED \$20.00	\$169.95 \$149.95
The Diet Fix: Why Diets Fail And How To Make Yours Work		
Y Freedhoff, MD		
(Book, 336 pgs & Study Guide) Help clients break the cycle of traumatic dieting, and begin living happily while losing weight permanently.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C266	40 CPEUs	\$239.95
Becoming Vegan Comprehensive Edition: The Complete Reference to Plant-based Nutrition		
B Davis, RD and V Melina, MS, RD		
(Book, 611 pgs & study guide) Explains protein and amino acid requirements; describes fats and essential fatty acids; investigates carbohydrate facts and fallacies; reveals the truth about wheat, gluten, and grains; pinpoints where to obtain calcium, iron, zinc and other minerals; and how to achieve optimal nutrition during pregnancy and lactation.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C279*	18 CPEUs	\$149.95
Interpretation & Application of Advanced Cardiometabolic Testing M McNeill, MS, RDN/LD, CDE, MBA		
(Manual, 133 pgs) Up-to-date information on the management of cardiometabolic disease biomarkers.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C265	28 CPEUs	\$189.95
Your Blood Never Lies: How to Read a Blood Test for a Longer, Healthier Life JB LaValle, RPH, CCN		
(Book, 351 pgs & study guide) Help patients understand the significance of each biological marker. Recommends the most effective standard and complementary treatments for dealing with any problematic lab tests.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C276	26 CPEUs	\$174.95
The Gut Balance Revolution: Boost Your Metabolism, Restore Your Inner Ecology, & Lose Weight For Good! GE Mullin, MD		
(Book, 409 pgs & study guide) Science-based info to retain weight loss by achieving a balanced gut flora that burns fat and restores health.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C264	22 CPEUs REDUCED \$20.00	\$139.95 \$119.95
Missing Microbes: How the Overuse of Antibiotics is Fueling Our Modern Plagues MJ Blaser, MD		
(Book, 275 pgs & study guide) The human microbiome is under assault which threatens the symbiotic relationship of bacterial and human cells, and may lead to severe health consequences.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C275	40 CPEUs	\$239.95
The Health Professional's Guide to Gastrointestinal Nutrition		
LE Matarese, PhD, RDN, GE Mullin, MD, and JL Raymond, MS, RDN		
(Book, 356 pgs & study guide) Comprehensive info on nutrition assessment; GI tract, liver and exocrine disorders; gastrointestinal surgery; oncology; eating disorders, obesity, food allergies, and nutrition therapies for GI problems. Helps you prepare for the CNSC exam.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C260	28 CPEUs REDUCED \$20.00	\$189.95 \$169.95
The Clinical Nutrition Manager's Handbook: Solutions for the Busy Professional		
JA Grim, MPH, RD, LD and SR Roberts, MS, RD, LD, CNSC		
(Book, 271 pgs & study guide) Practical tips and tools to help clinical nutrition managers succeed.		
Share with a friend and Save! Additional Reporting Form		\$50.00

C274	16 CPEUs	\$139.95
Healthy Vision: Prevent and Reverse Eye Disease through Better Nutrition N Adams, MD		
(Book, 224 pgs & study guide) Help clients maintain vision well into old age, alleviate eye conditions, and reverse the progress of eye diseases.		
Share with a friend and Save! Additional Reporting Form		\$50.00

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NEW EDITION

T356* **5 CPEUs** \$44.95
Time Management: How to Stretch the Time Rubber Band, 5th Ed W Rinke, PhD, RDN
 (Manual, 52 pgs) Make the most of every 24 hours by using an easy-to-use four-step process.
 Share with a friend and **Save!** Additional Reporting Form \$40.00

NEW EDITION

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